





"Escalate to Excellence" High Voltage Baton Twirling Clinic



**COMPETITIVE ELITE ATHLETE CLINIC
ELIGIBILITY: EXPERIENCED LEVEL B & A ATHLETES**



**October 1st- 3rd, 2010
Saskatoon, Saskatchewan**

**Location: Evan Hardy Collegiate
605 Acadia Drive, Saskatoon, SK**

**Director: Cindy LaBrash & Brenda Bennett
1-306-978-6592 or cindy.goldie@shaw.ca**

***Hosted by:* Optimist Twirling Connection & Saskatoon Myracles Inc. Baton Club**

Featured Instructors:

Jean Michele Ruelle: France

Kathy Forsythe : Seattle, Washington

Leisha Strachan : Winnipeg, Manitoba

Sheryl Holliday : Saskatoon, Saskatchewan



Deadline: postmarked or received by September 15th, 2010

Sponsored by: Saskatchewan Baton Twirling Association

Sanction #: SK-2010-05-46 CBTF # pending

Clinic Schedule

Friday October 1st, 2010 (Level A athletes)

Private Lessons: 9:00 am – 4:30 pm (pending instructor availability)
 Registration: 5:30 pm – 6:00 pm
 Athlete Session: 6:00 pm – 8:15 pm
 Coaches Session: 8:30 pm – 9:45 pm

Saturday October 2nd, 2010

Registration: 9:00 am – 9:30 am
 Clinic: 9:30 am – 3:45 pm
 Private Lessons: 4:00 pm – 6:00 pm

Sunday October 3rd, 2010

Warm up: 9:00 am – 9:15 am
 Clinic: 9:15 am – 12:30 pm
 Private Lessons: 1:00 pm – 5:00 pm

Athlete Sessions:	Coaches Forum:	Parent/Open Session:
Three Modes of Twirling – Contact Material, Rolls, Aerials 2-Baton and 3-Baton Compulsories & Short Program Baton & Movement ICUP SoloDance & Pair SoloDance Sports Medicine	Friday Evening: Feed back from Worlds New Judging system	Saturday 9:30-11:30am(tentative) Topics TBD Watch for details coming soon!

General Information:

- 1. First Aid:** on Premises
- 2. Perks:** clinic photo and T-shirt included with your registration fee.
- 3. Lunch:** will be provided on Saturday. Snacks and drinks will be provided throughout Saturday and Sunday.
- 4. Private Lessons:** Will be available on Friday and Sunday as time and entries warrant.
Athletes must provide music and machine.
Funds payable to SBTA. Payment in CDN Funds.
Private lesson rates will be announced (typical fee is \$40 to \$60/hr)
- 5. Recommended Accommodation:** (billeting may be provided upon request):
Saskatoon Inn: 1-306-242-1440 preferred rate ref # 8831466 (deadline Sept.17th)
Country Inn Suites: 1-306-934-3900
Travelodge Hotel: 1-306-242-8881
- 6. Deadline: postmarked or received by September 15th, 2010.** Late registration will be subject to a \$20 late fee plus apparel not being available. NSF payments will be assessed a \$25 processing fee.
- 7. Refunds:** refunds will be issued due to medical conditions supported by a physicians note or extenuating circumstances.



