



Proudly Presents

At The Top

Technical Conference

October 15-17, 2010

**Fantasyland Hotel — West Edmonton Mall
Edmonton, Alberta, Canada**

Hosted By: Alberta Baton Twirling Association

Funded By: Alberta, Sport, Recreation, Parks & Wildlife Foundation

**Sponsored By: Sport Medicine Council of Alberta
Investors Group**

The Coaching Association of Canada

ABTA Sanction #: AB-2010-5880

The 'At The Top' Technical Conference is open to all levels of coaches, judges, adjudicators and athletes 14 years and older.

Featured Session Presenters:

Dale White (Dayton, Ohio)

Ginnette Groome (Orlando, Florida)

Steven Kopas (North York, Ontario)

Loranne Meek (Calgary, AB)

Wendy Cruickshank (Red Deer, AB)

Jill Ford (Edmonton, AB)

Karen Gratton (Windermere, BC)

Tina Larson (Grande Prairie, AB)

Guest Speakers:

Body Sense Presentation

Sport Psychologist *(session sponsored by The Sport Medicine Council of Alberta)*

Sport Nutritionist *(session sponsored by The Sport Medicine Council of Alberta)*



KEYNOTE SPEAKER

Georgette Reed *ChPC MA, BA, CSCS*

Coach, University of Alberta Cross Country, Track and Field
Olympian, World Championships, Commonwealth and Pan American Games Team Member
Certified Strength and Conditioning and Performance Coach and Motivational Speaker
Poet, Artist and Work in Progress

“The duration of an athletic contest is only a few minutes, while training for it may take weeks of arduous work and continuous exercise of self - effort. The real value of sport is not the actual game played in the limelight of the applause but the dogged determination and the self - effort carried out alone, imposed by an exacting conscience”.

Georgette Reed had that kind of exacting conscious when she was the number one shot put and discus thrower in Canada for over a decade. She has represented Canada at the World Athletics Championships, Commonwealth, Pan American and Olympic Games and continues to improve and excel in her sport through her role as the University of Alberta's head athletics coach. And though she doesn't own an Olympic, Pan Am or Commonwealth Games medal - yet, her presentations are genuinely golden. Her enthusiasm and optimism shine through as she shares the positive lessons, values and virtues of sport and how the trials and tribulations in her sporting life have influenced the way that she deals with the challenges of everyday life.

Georgette's basic philosophy? Life, like sports, is about pursuing your dreams - it is a series of never ending mysteries waiting to unfold. Sport, like life, is about more than winning and losing - it is about succeeding. Succeeding to be your best and do the very best that you can in everything that you do - inside and outside of the spotlight. It is important that each of us take up the challenge to be ourselves, believe in ourselves and make an effort to create our own destinies in search for that one moment in time... our moment of truth.

Session Presenters

Dale White—Dayton, Ohio

Residing in Dayton, Ohio, Dale White is currently employed as Office Manager at Fred J. Miller, Incorporated, the leading manufacturer of marching band uniforms, color guard uniforms, flags, and related supplies.

His pageantry career began as a baton twirler under the tutelage of Fred Miller, director of the famed Miller's Blackhawks. Mr. White won numerous State and National championships as a competitive baton twirler. His teaching career in the sport of baton twirling has spanned some 30 years, producing a multitude of National and World champions. In addition, his membership with the United States Twirling Association, as well as the World Baton Twirling Federation, has taken him to some 20 countries instructing and judging. Currently, he serves as USA Judges Rep for the World Baton Twirling Federation and is contributing to the development of the new judging system.

As an adjudicator, Dale is currently on the roster of Winter Guard International as well as the Ohio Music Educators Association. His focused area of adjudication is General Effect, Color Guard, and Visual captions where he has over 20 years of experience. In the 2009 season of WGI, he served as Chief Judge Administrator. In addition, Mr. White mentors young judges with the Mid East Performance Association.

Steven Kopas - North York, ON

Steven started twirling at the age of 10, but has been immersed in the sport since he was born through his father's involvement. Steven has won numerous National Championships and has represented Canada in the World Championships from 1993-1999. Receiving his Bachelor of Science in Kinesiology in 2002, he went on to receive his diploma in Sports Injury Management and became a Certified Athletic Therapist in 2005. Steven has worked with many different sports at the provincial, national and world levels as a therapist. He is the co-owner of Phoenix Rehabilitation Services; an Athletic Therapy owned and operated clinic/field coverage company. Currently Steven is the Head Athletic Therapist at Seneca College in Toronto. With his knowledge of Athletic Therapy, and the sport of baton, Steven hopes to advance baton as a sport and keep the athletes and coaches injury free.

Ginnette Groome—Orlando, Florida

USTA Certified Coach, Master Judge
Coach of US World Team members since 1991
Coach of many State, Regional and US National Champions
Specialist in Coaching / Judging Multiple Baton Events
Wrote the 2&3 baton sections of the WBTF Coaches Manual

Nationally Certified Licensed Massage Therapist since 1992
Has practices in NY, NH, FL
Bach Flower Practitioner
Certified AMMA Therapist (Asian Bodywork Technique)
ARCB Certified Reflexologist
Qigong and Tai Chi practitioner / Instructor

Ginnette has an active lifestyle, traveling, coaching and maintaining her established massage practices. As a holistic practitioner she educates her patients and her athletes about health - "promoting wellness through awareness and balance."

Jill Ford—Edmonton, AB

Jill walked through the front doors of Martin School of Dance and Baton Twirling at the young age of 3 and didn't look back until she was 30 years old when she moved to Alberta with her husband & new born baby girl.

She competed with her team at 6 World Championships capturing the gold medal in 1991. Jill retired from competition in 1995 but kept her passion and love for the sport alive through coaching and teaching dance and acrobatics. She's coached both recreational and World level twirlers and finds them equally rewarding in different ways! Jill's coach and mentor, Maureen Johnson, taught her so much about 'teaching technique' and was very fortunate to work under her for so many years that when she moved to Alberta she was definitely ready to start her own club! Jill's baton, dance and acro club, Supernova has been running for 3 years now and has a bright future. She can honestly say she loves going to work - "there is so much satisfaction, reward and my pure love for baton and kids that keeps me so driven and focused to do the best possible job for all of my students".

Loranne Meek—Calgary, AB

Loranne is the founder, owner and director of The Baton & Dance Company in Calgary, Alberta. During her athletic career she was the 1983 and 1985 Grand National 2-Baton Champion and was also a member of the 1986 World Silver Medalist Team. Loranne has coached many National Champion and has taught at clinics in Switzerland, Japan, and all over Canada. Most recently in 2008 she co-trained the Team "Music in Me" who won the Gold Medal at the International Cup in Limerick, Ireland! She is a CBTF Level 3 Certified Coach, NCCP II Certified Coach, a Module 1, 2, 3, 4, 5 CBTF Certified Judge, Skills Development Adjudicator and Course Conductor for the CBTF SDP Program.

Loranne's professional dance career has taken her on many adventures. She was the co-owner/director of the professional dance troupe "DANCE TECH" from 1998-2002. She was a dancer for several artists in concerts: Noel "O", Maestro Fresh Wes, Reel to Real and performed in music videos for Jason McKoy, Dive and Exsanguis, and went on tour with Josie D'Ambola's and Love Inc. Loranne was also the Artist Director for the 1998 Black Achievement Awards.

Wendy Cruickshank - Red Deer, AB

Wendy has just completed her 25th year as a CBTF judge. Her experience includes judging at National, World Cup and International Cup events. On an administrative level, Wendy served as ABTA Judges Rep, ABTA Technical Chairperson and CBTF Judges Rep. Her current focus includes partnering with Tina Larson on the creation and rollout of the new CBTF judging modules. In 2009 Wendy was the recipient of the CBTF Lifetime Achievement award. In her professional environment Wendy is a Business Analyst and Project Manager within a 100 branch Credit Union.

Tina Larson - Grande Prairie, AB

Tina is an active CBTF judge that has had experience judging the National Championships for the last 22 years. She has also represented Canada as a judge in 6 World Championships. Tina has had many volunteer positions including ABTA Judges Rep, ABTA Technical Chair, and CBTF Judges Rep. In these positions Tina was able to play a part in the development of the WBTF Short Program Judging process, the M1 Judging/L2 Coaching program, and the recent M2/M3 Judges program update. Tina also works as a Green Energy Project Manager at the Weyerhaeuser Grande Prairie Pulpmill and brings skills and expertise to both the Administrative and Technical areas of CBTF.

Guest Speakers

SPORT NUTRITION— *PRE/POST MEALS, TRAVELLING MEAL IDEAS*

The Sport Medicine Council of Alberta has developed the Sport Nutrition Course to educate athletes, coaches, trainers, volunteers, and the general public at large about the fundamental concepts of nutrition, and how those concepts can be utilized to improve athletic performance.

The Sport Nutrition presentation will be geared towards our sport and will show how nutrition affects the athletes, no matter what level or age. This session will also talk about the importance of nutrition when travelling to competitions or events as an athlete, coach or judge. Ideas for pre/post competition meals, restaurant smarts, travelling meal ideas and the benefits/affects of proper hydration.

BODY SENSE

BodySense is an education and outreach initiative dedicated to the promotion of positive body image in athletes. BodySense believes that an affirmative sport environment can facilitate in the development of positive character traits: perseverance, responsibility, a strong sense of self and body, and integrity as well as values like fairness, fitness, friendship, and fun. BodySense is a practical, innovative, accessible, and relevant information site dedicated to helping you and the members of your sport community continue to foster positive body image in athletes and active people!

SPORT PSYCHOLOGY— *COACH/ATHLETE RELATIONSHIPS*

The coach-athlete relationship is arguably the most significant and yet least understood, in any sporting context. This presentation will summarize some of the main research findings in the sport psychology scientific literature and attempt to illustrate how they can be applied. However, it will also attempt to show that by broadening our understanding of research, we may be able to increase the range of options open to coaches that may increase the range of strategies and interventions that can be used in coach-athlete contexts.



The Sport Nutrition and the Sport Psychology sessions are sponsored by the Sport Medicine Council of Alberta.

SCHEDULE *(Subject to Change)*

FRIDAY OCTOBER 15, 2010

4:00pm - 4:30pm	REGISTRATION	
4:30pm - 4:45pm	Welcome the Delegates	
5:00pm - 5:50pm	'Tension/Release' Within the Modes of Twirling	Dale White
	Introduction to Acro	Jill Ford
	Lifestyle Awareness	Ginnette Groome
5:50pm - 6:40pm	New Judging System	Dale White
	Handling Stress—Bach Flower Remedies	Ginnette Groome
	Teaching Dance to Athletes	Jill Ford
7:00pm - 9:00pm	WINE AND CHEESE (Santa Maria Ship)	

Wine and Cheese



*Santa Maria Ship in
West Edmonton Mall*



When: Friday October 15, 2010

Where: Main Deck on the Santa Maria Ship in West Edmonton Mall

Time: 7:00pm - 9:00pm

Cost: \$10.00/person

**** Due to the capacity limit on the boat, we are only able to accept the first 30 people to RSVP for the wine and cheese. Your conference registration form and payment must accompany your Wine and Cheese RSVP in order to guarantee your spot for this event.

** Must be 18 years or older to attend.

SCHEDULE *(Subject to Change)*

SATURDAY OCTOBER 16, 2010

6:45am – 7:30am	YOGA (Optional)	
7:30am - 8:15am	BREAKFAST (All Delegates)	
8:15am - 9:05am	Fitness Tips for a Busy Schedule	Ginnette Groome
	How to Operate a Baton & Dance Studio as a Business	Loranne Meek
	Recognizing Different Styles & Difficulty of Dance	Dale White
9:15am - 10:15am	BODY SENSE Presentation (All Delegates)	
10:15am - 10:30am	NUTRITION BREAK	
10:30am - 11:20am	Teaching Pre Events	Jill Ford
	Deconstruction of a Champion	Dale White
	Judging Multiple Baton	Ginnette Groome
11:25am - 12:15pm	Play The Game: Medley vs. SDT Judging	Tina Larson & Wendy C.
	Musicality	Dale White
	Teaching Baton & Dance to Pre-School Aged Boys & Girls	Loranne Meek
12:15pm - 1:00pm	LUNCH (All Delegates)	
1:00pm - 2:00pm	Sport Psychology—Coach/Athlete Relationships (All Delegates)	
2:05pm - 2:55pm	Build a Trick, Trade a Trick	Dale White
	How to Teach Rolls	Ginnette Groome
	Benefits of Recovery After Training	Steven Kopas
3:00pm - 3:50pm	Teaching Multiple Baton	Ginnette Groome
	Speed Development	Dale White
	Building Core Strength	Steven Kopas
3:50pm - 4:00pm	NUTRITION BREAK (All Delegates)	
4:05pm - 4:55pm	Choreography	Dale White
	Progression from 2-Baton to 3-Baton	Ginnette Groome
	Coping with an Injury	Steven Kopas
5:00pm - 5:45pm	Q&A—What Works With Athletes and What Doesn't (All Delegates)	Dale White
8:30pm - 9:30pm	Scavenger Hunt Through West Edmonton Mall	

SCHEDULE *(Subject to Change)*

SUNDAY OCTOBER 17, 2010

6:45am - 7:30am	YOGA (Optional)	
7:30am - 8:15am	BREAKFAST (All Delegates)	
8:15am - 9:00am	Music Styles & Rhythm	Dale White
	Warm Up and Cool Down Routines	Steven Kopas
	Balancing Work/Life/Fitness	Ginnette Groome
9:00am - 10:15am	KEYNOTE SPEAKER (All Delegates) — Recognizing Your Moment of Truth	Georgette Reed
10:15am - 10:30am	NUTRITION BREAK (All Delegates)	
10:30am - 11:25am	Ways to Make Old Things 'Fresh'	Dale White
	Taping/Wrapping & Bracing Techniques	Steven Kopas
	How to Recognize Proficiency	Ginnette Groome
11:30am - 12:25pm	Judging Group Events	Tina Larson & Wendy C.
	Balance & Proprioception	Steven Kopas
	Review of Multiple Baton Basics	Ginnette Groome
12:25pm - 1:15pm	LUNCH (All Delegates)	
1:15pm - 2:15pm	Sport Nutrition (All Delegates) - Pre/Post Training Meals, Travelling Meal Ideas	
2:15pm - 3:00pm	CBTF Update (All Delegates)	Karen Gratton
3:00pm - 3:30pm	Conference Wrap Up	

WHAT TO BRING:

- Baton (required for hands-on classes) - extra batons will be provided for 2&3 Baton classes
- Comfortable clothing for hands-on classes
- Pen/Notebook
- A positive attitude!!!

Government
of Alberta ■

Alberta ■
Freedom To Create. Spirit To Achieve.

ALBERTA
SPORT, RECREATION
PARKS & WILDLIFE
FOUNDATION



Coaching
Association
of Canada

IG Investors
Group™

Registration Information

Please complete the enclosed registration form by **September 15, 2010** and mail with payment to:

Alberta Baton Twirling Association (ABTA)
11759 Groat Road, Edmonton, Alberta, Canada, T5M 3K6

Registration Fee: \$200.00 (CAN Funds)

**** Cheques payable to ABTA ****

**** Faxed or emailed registrations will not be accepted. ****

Late registrations accepted from September 15th to September 30th, 2010 at a fee of \$240.00

Each registration **MUST** be accompanied by a \$75.00 non-refundable deposit with the balance due by September 15, 2010.

The registration fee entitles participants to attend all presentations, educational sessions, nutritional breaks, breakfast and lunch Saturday & Sunday. A conference package will be provided to all who register.

******* If you would like to attend the Wine and Cheese, please fill out the Wine and Cheese Registration Form and include separate cheque for \$10.00. If you send in a cheque for the Wine and Cheese and you are not one of the first 30 people to RSVP, your cheque will be returned to you.

******** *Please note: It may take up to 2 weeks for registration payment to be processed upon arriving at the ABTA Office.*

Refund Policy

In the event that you must cancel your registration before September 15, 2010, the \$75.00 deposit will be withheld. No refunds will be issued after September 15, 2010.

General Information

Athletes 14 years and older are invited to attend this conference but must be accompanied by a chaperone for the duration of the conference. Chaperones will be responsible for the actions of the athletes in their care and required to complete the Chaperone Form in this conference package. Conference registration forms for athletes under the age of 18 years will not be accepted unless a chaperone form accompanies their registration.

At The Top—Session Information

Sessions For All Conference Delegates

- Body Sense
- Sport Psychology—Coach/Athlete Relationships
- CBTF Update (Karen Gratton)
- Keynote Speaker— Recognizing Your Moment of Truth (Georgette Reed)
- Sport Nutrition—Pre/Post Training Meals, Travelling Meal Ideas
- Q & A—What Works With Athletes and What Doesn't

Concurrent Sessions:

A.	‘Tension/Release’ Within the Modes of Twirling	Lifestyle Awareness	Introduction to Teaching Acro
B.	New Judging System	Handling Stress –Bach Flower Remedies	Teaching Dance to Athletes
C.	Fitness Tips for a Busy Schedule	Recognizing Different Styles & Difficulty of Dance from a Judges Perspective	How to Operate a Baton & Dance Studio as a Business
D.	Teaching Pre Events	Deconstruction of a Champion	Judging Multiple Baton
E.	Play The Game—Medley vs. SDT Judging	Musicality	Teaching Baton & Dance to Pre-School Aged Boys & Girls
F.	Build a Trick, Trade a Trick	How to Teach Rolls	Benefits of Recovery After Training
G.	Teaching Multiple Baton	Speed Development	Building Core Strength
H.	Choreography	Progression from 2Baton to 3-Baton	Coping with an Injury
I.	Music Styles & Rhythm	Warm Up and Cool Down Routines	Balancing Work/Life/Fitness
J.	Ways to Make Old Things ‘Fresh’	Taping/Wrapping & Bracing Techniques	How to Recognize Proficiency
K.	Judging Group Events	Balance & Proprioception	Review of Multiple Baton Basics

Accommodation Information

Fantasyland Hotel— located in West Edmonton Mall (17700 - 87 Avenue Edmonton, AB)

Superior Room: \$164.00/night (Sunday - Thursday) \$189.00/night (Friday and Saturday)

* Rates are based on single or double occupancy and do not include applicable taxes*
(triple or quad occupancy is an additional \$10 flat charge)

* No additional charge for children 16 and under *

* Rooms are on a first come, first serve basis *

* Bunk beds are available in select rooms*

* Rates are listed in Canadian Funds *

Please note that all reservation requests must be received by September 10, 2010 in order to guarantee accommodations.

Please call 1-800- RESERVE (1-800-737-3783)

All requests received after this date OR requests for accommodations outside of the convention dates are accepted on an availability basis and are subject to regular rates.

Use the following code when reserving your rooms in order to receive the Alberta Baton Twirling Association Group Rate: **11000065142**

The Group Rate is available for rooms booked from:
Thursday October 14 - Monday October 18, 2010

Check In Time: 4:00pm
Check Out Time: 11:00am

www.fantasylandhotel.com



Superior Room at the Fantasyland Hotel

Airport Information

Edmonton International Airport has numerous shuttle services available to transport you to the hotel.

Please note: You are responsible for booking your own shuttle service to the Fantasyland Hotel.

Edmonton Sky Service

Book online: www.edmontonskyshuttle.com

Book by Phone: (780) 465-8515

Shuttle fees: \$15.00/person (One way) \$25.00/person (Return fare)

Edmonton Taxi Service Group

This includes: Yellow Cab, Barrel Taxi, Prestige Cabs

Book online: www.edmontontaxiservicegroup.com

Approximate rate from airport to Fantasyland Hotel: \$60.00

Prestige Limousine

Book online: www.prestigelimousine.com

Book by phone: (780) 463-5000

Approximate rate from airport to Fantasyland Hotel: \$68.00

Car Rental Companies from the Airport

Enterprise Car Rental - www.enterprise.com

Budget Rent A Car - www.budget.ca

Thrifty Car Rental - www.thrifty.com

Avis Car Rental - www.avis.ca

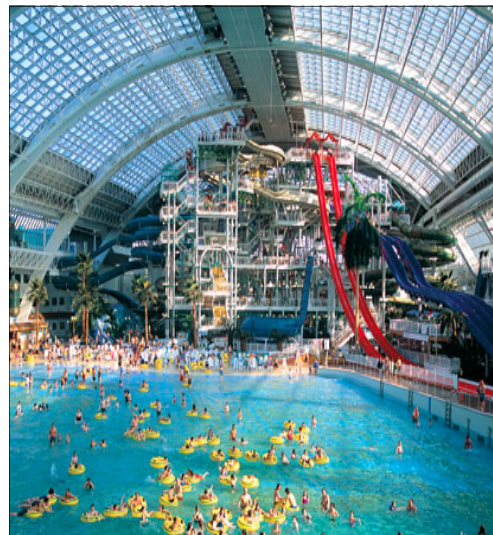
Hertz Car Rental - www.hertz.ca

About the Fantasyland Hotel

- 235 classically decorated rooms with full amenities
- 120 fantasy-themed rooms each designed to recreate a specific place or era. Examples of theme rooms are: Hollywood, Roman, Polynesian, Truck, Victorian Coach, Canadian Rail, Arabian, Igloo, Western or African Safari

About West Edmonton Mall

- 5.2 million square feet in size with over 800 stores and services!
- Galaxyland Amusement Park - the World's Largest Indoor Amusement Park! A total of 25 rides in a 400,000 sq. foot area.
- World Waterpark - the World's Largest Indoor Wave Pool with 23 slides in 5 acre waterpark!
- Marine Life - More than 100 species of animals at Sea Life Caverns or catch an interactive show at Sea Lion's Rock
- Ice Palace - Indoor Skating Rink with a NHL size ice surface
- Professor Wem's Adventure Golf - 18 hole Indoor Miniature Golf Course
- Ed's Rec Room - ten pin bowling, billiards and more than 50 arcade style games
- Santa Maria Ship - An exact replica of Christopher Columbus' flagship for his first voyage across the Atlantic Ocean in 1492
- Bourbon Street - Restaurants, live music, standup comedy or a pub experience line the themed street
- Parking for at least 20,000 vehicles - the World's Largest Parking lot!
- Total cost to build West Edmonton Mall - \$1.2 Billion Dollars Cdn.



West Edmonton Mall Information

www.wem.ca

Shopping Hours

Monday - Saturday 10:00am – 9:00pm

Sundays 11:00am - 5:00pm

World Water Park Hours

Monday-Thursday Noon - 7:00pm

Friday & Saturday 10:00am - 7:00pm

Sundays 11:00am - 6:00pm

Galaxyland Hours

Monday-Thursday Noon - 7:00pm

Friday & Saturday 10:00am - 9:00pm

Sundays 11:00am - 6:00pm

Professor WEM's Adventure Golf Hours

Sunday - Thursday 10:00am - 8:00pm

Friday & Saturday 10:00am - 9:00pm

Putt n' Glow - Sunday - Thursday Noon - 8:00pm Friday & Saturday 11:00am - 10:00pm

Sea Lion's Showtimes

Monday - Friday 2:00pm & 4:00pm

Saturday & Sunday Noon, 2:00pm & 4:00pm

Ice Palace Hours

See West Edmonton Mall website for up-to-date hours

Fast Food Listing

A&W, Arby's, Baskin Robbins, Booster Juice, Cinnzeo, Crepeworks, Dairy Queen, Edo Japan, Extreme Pita, Jimmy The Greek, Jugo Juice, Kernels, KFC, McDonald's, Mr. Sub, Opa! Souvlaki, Orange Julius, Quiznos, Second Cup, Starbucks, Subway, Taco Bell, Taco Time, Tim Hortons, Tokyo Express, Wok Box Fresh Asian Kitchen, Yogen Fruz

Restaurant Listing

300 Club Lounge, Albert's Family Restaurant, Boston Pizza, Cactus Club Café, Café Europa, Delux Burger Bar, Earls, Hooters, Hudsons Canadian Tap House, Jungle Jim's Eatery, Moxie's Classic Grill, Mr. Mike's Steakhouse & Bar, Old Spaghetti Factory, Red Piano Cajun Bistro & Dueling Piano Bar, Sherlock Holmes, Tony Roma's, Whiskey Jacks Urban Saloon

At The TOP

Technical Conference October 15 –17, 2010 Registration Form

Name _____

Address _____ City _____

Prov _____ Postal Code _____

Phone: Home () _____ Cell () _____

Email : _____

CBTF Membership # _____ Club _____

Total Amount of Cheque Enclosed \$ _____ Receipt Required Yes ____ No ____

Chaperone Name (if applicable) _____

Concurrent Sessions: Please circle ONE option from each section.

A	Tension/Release Within the Modes of Twirling
	Introduction to Acro
	Lifestyle Awareness
B	New Judging System
	Handling Stress—Bach Flower Remedies
	Teaching Dance to Athletes
C	Fitness Tips for a Busy Schedule
	Recognizing Different Styles/Difficulty of Dance
	How to Operate a Baton & Dance Studio
D	Teaching Pre-Events
	Deconstruction of a Champion
	Judging Multiple Baton
E	Play the Game: Medley vs. SDT
	Musicality
	Teaching Baton & Dance to Pre-School Kids
F	Build a Trick, Trade a Trick
	How to Teach Rolls
	Benefits of Recovery After Training

G	Teaching Multiple Baton
	Speed Development
	Building Core Strength
H	Choreography
	Progression from 2-Baton to 3-Baton
	Coping with an Injury
I	Music Styles & Rhythm
	Warm Up and Cool Down Routines
	Balancing Work/Life/Fitness
J	Ways to Make Old Things 'Fresh'
	Taping/Wrapping & Bracing Techniques
	How to Recognize Proficiency
K	Judging Group Events
	Balance & Proprioception
	Review of Multiple Baton Basics

Chaperone Agreement Form

The Alberta Baton Twirling Association requires all athletes under the age of 18 years old attending the 'At The Top' Technical Conference to be supervised by either a parent or chaperone over the age of 18 years. Registration for athletes under the age of 18 years will not be accepted until a parent or chaperone is assigned for the athlete and the Chaperone Agreement is signed. One adult may be responsible for more than one athlete, but one adult must be registered per hotel room (as per hotel rules & regulations).

Duties of the Chaperone:

1. Will be responsible for the athlete(s) from Friday October 15—Sunday October 17, 2010.
2. Ensure the athlete(s) are adhering to the guidelines established by the event director.
3. Discourage inappropriate conduct and activities.
4. Discuss your expectations of the athlete while under your supervision for the duration of the conference.
5. Should there be an accident or incident, complete an incident report with a detailed account of what happened and ensure event director receives a copy of report.
6. Have fun!

I, _____ will be acting as a chaperone for _____ at the 2010 ABTA 'At The Top' Technical Conference. I accept responsibility for this athlete while under my supervision and will act accordingly should anything happen.

(Chaperone Signature)

(Date)

If the Chaperone is not the parent of the athlete attending the conference, please sign here to accept the Chaperone agreement and to grant care to the Chaperone in the event of an emergency.

(Parent Name)

(Parent Signature)

(Date)

Wine and Cheese Registration Form

When: Friday October 15, 2010

Where: Main Deck on the Santa Maria Ship in West Edmonton Mall

Time: 7:00pm - 9:00pm

Cost: \$10.00/person

**** Due to the capacity limit on the boat, we are only able to accept the first 30 people to RSVP for the wine and cheese. Your conference registration form and payment must accompany your Wine and Cheese RSVP in order to guarantee your spot for this event.

** If you are not one of the first 30 people to RSVP, your cheque will be returned to you.

** Must be 18 years or older to attend.



Name _____

Address _____

City _____

Prov _____

Postal Code _____

Phone: Home () _____ Cell () _____

Email : _____

CBTF Membership # _____

Club _____

Wine/Cheese Fee Enclosed \$ _____

Receipt Required Yes _____ No _____

- Your Source for:
- *Sport Medicine Supplies
 - *Therapist Athletic & Basic First Aid Kits
 - *Sport Nutrition
 - *Sport Trainer
 - *Athletic First Aid & Taping Courses



sportmedab.ca

Visit Us at:
Percy Page Building
11759 Groat Rd.
Edmonton, AB
T5M 3K6
780-415-0812