# **Coaches Certification Program**

CBTF-certified coaches are governed by the <u>CBTF Coaches Code of Conduct and Code of Ethics</u> [1]. The goals of the CBTF Coaching Certification program are many:

- To provide a supportive and informative training ground for the technical community
- To provide baton twirling technical and practical information with emphasis on correctness of baton and body technique
- To successfully translate to prospective coaches how to communicate how the skills are to be executed: to acquire the knowledge concerning teaching the skills
- To create a better understanding for the necessity of proper baton and body technique and mastery of essential twirling skills
- To increase the longevity of the twirling life span by implementing a series of short term goals which may aspire
  into long term accomplishments
- To build a logical gap from the recreational to the world class athlete by presenting a logical progression for teaching baton twirling skills
- To create a safe and positive setting for participants by providing a desirable atmosphere for developing high self esteem and maintaining healthy perspectives
- To create a harmonious relationship amongst technical facilitators and athletes by which appreciation of quality and respect is paramount
- To maintain a national coaching directory
- To lend credibility to the sport of baton twirling in respect to the media, public, and the members of the twirling community

The CBTF Coaching Certification Program is divided into five levels that follow the NCCP and LTAD models. For those that are interested in coaching, but do not yet meet the minimum age (15 years old) to begin the certification program, we offer a Coach-In-Training Course.

### **COACH-IN-TRAINING (CIT) COURSE**

The <u>CIT Course</u> [2] is an optional two-year course, that will provide you with valuable learning and experience leading up to taking the Baton Twirling Foundations course when you are 15 years of age.

The pre-requisites for taking the Coach-In-Training Course are:

- You must be 13 years of age
- · You must be registered with a club and hold a membership in your provincial association
- You must have a Mentor Coach in place

# **BATON TWIRLING FOUNDATIONS COACHING COURSE**

The <u>Baton Twirling Foundations Course</u> [3] is an introductory program designed to prepare prospective baton twirling coaches to introduce technically sound twirling fundamentals to athletes at the Active Start and Fundamental levels in the Long Term Athlete Development pathway.

The pre-requisites to taking the Baton Twirling Foundations course are:

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- 1. You must be 15 years of age to apply for the THEORY portion of the course.
- 2. You must have general knowledge of and ability to demonstrate the skills in the SDP White through Bronze Pin.
- 3. You must have general knowledge of and ability to demonstrate the Pre-Competitive Level I & II standard routines.
- 4. You must have a Mentor Coach in place.
- 5. You must hold a Technical Association membership within your province.

#### **COMPETITION 1 COACHING COURSE**

The <u>Competition 1 Coaching Course</u> [4] is the second of five courses offered, and is designed to prepare baton twirling coaches to coach athletes at the Fundamental, Learn to Train, and Train to Train levels in the Long Term Athlete Development pathway.

The pre-requisites to taking the Competition 1 course are:

- 1. You must be 16 years of age to apply for the THEORY portion of the course.
- 2. You must be fully certified at the Baton Twirling Foundations level to take the PRACTICAL portion of the Competition 1 Coaching Course.
- 3. You must have general knowledge of the skills in the SDP Bronze Pin through Silver Pin.
- 4. You must have good knowledge of the Pre-Competitive Level II standard routines.
- 5. You must hold a Technical Association membership within your province.

### **COMPETITION 2 COACHING COURSE**

The Competition 2 Coaching Course is the third of five courses offered, and is designed to prepare baton twirling coaches to coach athletes at the Learn to Compete level in the Long Term Athlete Development pathway.

This course and certification has not yet been released.

### **COMPETITION 3 COACHING COURSE**

The Competition 3 Coaching Course is the fourth of five courses offered, and is designed to prepare baton twirling coaches to coach athletes at the Train to Compete level in the Long Term Athlete Development pathway.

This course and certification has not yet been released.

### **COMPETITION 4 COACHING COURSE**

This certification has not yet been released.

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### Links

[1] http://www.cbtf.ca/article/coaches-code-conduct-and-code-ethics [2] https://www.cbtf.ca/article/coach-training-cit-course [3] https://www.cbtf.ca/article/baton-twirling-foundations-coaching-course [4] https://www.cbtf.ca/article/competition-1-coaching-course