# 2-Baton Skills and Drills for the Pre-Competitive Athlete

**August 27, 2017** - These skills are from the former Bronze 2-Baton pin of the CBTF Skills Development Program. The Bronze 2-Baton pin has been replaced with the 2-Baton I routine, however the skills included here are excellent drills for any athlete starting to learn 2-Baton.

| Attachment | Size |
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| 2017-03-28_Coaching_Tool_-_2-Baton_Skills_and_Drills_for_the_Pre-Competitive_Athlete_v01.pdf [1] | 145.45 KB |

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**Links**
[1] https://www.cbtf.ca/sites/default/files/media/Technical_Material/2017-03-28_Coaching_Tool_-_2-Baton_Skills_and_Drills_for_the_Pre-Competitive_Athlete_v01.pdf

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