
CBTF Long-Term Athlete Development Model

The CBTF Technical Committee has approved an update to the CBTF Long-Term Athlete Development model. This model is based on the Canadian Sport Centre's Long Term Development Model. In each phase, the Model relates the athlete's development stage to their participation in the sport.

This model is a very useful guide for coaches, athletes, and parents.

Attachment

Size

827.49 KB



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