

---

## **Army's updated fitness test among issues facing new Ohio National Guard leader - ArmyTimes.com**

[Army's updated fitness test among issues facing new Ohio National Guard leader](#) [1] ArmyTimes.com

The two-star general now in charge of the Ohio National Guard poked himself in the chest as he spoke about the tough new physical-fitness standards being ...

By Admin at Sun, 03/24/2019 - 13:57

---

### **Source**

**URL:**<https://www.cbtf.ca/content/armys-updated-fitness-test-among-issues-facing-new-ohio-national-guard-leader-armytimescom?mini=2025-10&page=114>

### **Links**

[1] <https://www.armytimes.com/news/your-army/2019/03/24/armys-updated-fitness-test-among-challenges-facing-new-ohio-national-guard-leader/>