Focusing on 3-Baton Fundamentals

Published on Canadian Baton Twirling Federation (https://www.cbtf.ca)

Focusing on 3-Baton Fundamentals

[1]

Three Baton, "from the beginning with 2-baton ..." with the "Master of Multiple Baton" Ginnette Groome. Ginnette takes you from the very beginning of proper and safe 3-baton coaching. She gives you step-by-step methods of what to do in developing your 3-baton athletes by starting with 2-baton essentials which lays the foundation for 3-baton. Tags: TwirlNations-On-Demand [2]

By admin at Sun, 07/26/2020 - 12:00

Source URL: https://www.cbtf.ca/content/focusing-3-baton-fundamentals?mini=2020-12&page=4

Links

[1] https://www.cbtf.ca/content/focusing-3-baton-fundamentals [2] https://www.cbtf.ca/tags/twirlnations-demand