
Focusing on Pairs Fundamentals

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Are you new to the Freestyle Pair discipline? Daniele gives you a basic, yet comprehensive look at the components of the discipline. In addition, he shows video examples of various Pair ingredients from the entry level to upper levels of proficiency.

Tags: [TwirlNations-On-Demand](#) [2]

By admin at Sun, 08/02/2020 - 11:33

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