
Focusing on Pairs Fundamentals

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Are you new to the Freestyle Pair discipline? Daniele gives you a basic, yet comprehensive look at the components of the discipline. In addition, he shows video examples of various Pair ingredients from the entry level to upper levels of proficiency.

Tags: [TwirlNations-On-Demand](#) [2]

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Links

[1] <https://www.cbtf.ca/content/focusing-pairs-fundamentals> [2] <https://www.cbtf.ca/tags/twirlnations-demand>