## **How to Construct Solo Routines**

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[1]

Kyle guides you through solo routine construction with tips and an emphasis on the B and A level. You will even get usable material to start a good base for your routines. PUTTING IT TOGETHER with International Coach, Kyle Keiser! Tags: <a href="mailto:TwirlNations-On-Demand">TwirlNations-On-Demand</a> [2]

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