
Two Baton Fundamentals

[1]

Making a Two-Baton Athlete... A good Solo twirler who picks up a 2nd baton will not necessarily become a skilled two-baton twirler. A well trained two-baton athlete can TWIRL two batons rather than just executing isolated two-baton tricks. In addition to the skills learned in solo, the two-baton twirler must learn correct timing and integration of BOTH batons.

Tags: [TwirlNations-On-Demand](#) [2]

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Links

[1] <https://www.cbtf.ca/content/two-baton-fundamentals> [2] <https://www.cbtf.ca/tags/twirlnations-demand>