

MBTSA Inspiration Series - Melanie Talastas-Soriano

Event Category: [Meeting](#) [1]

Event Date: Apr 10 2021 - 8:00pm

The **Saturday Night Inspiration Series** is a casual and fun Q & A where we are featuring guests who inspire us. Sessions are hosted by Kristin Macaraeg.

Register by emailing: [manitobabatontwirling@gmail \[dot\] com](mailto:manitobabatontwirling@gmail.com) or via [Google Form](#) [2].

April 10 - Melanie Talastas-Soriano - Athletic Therapist and Owner of [Insahyu Athletic Therapy Clinic](#) [3] in Winnipeg, CIS University of Wesman silver and bronze medalist in Basketball, mom of 3, Filipino woman and entrepreneur. She will discuss about how to move forward and stay in the right frame of mind and body after an injury. She will also talk about inclusivity and diversity in sport.

Source URL:<https://www.cbtf.ca/event/mbtsa-inspiration-series-melanie-talastas-soriano?mini=2026-06>

Links

[1] <https://www.cbtf.ca/calendar/meeting> [2] <https://forms.gle/hrHLSYDsMNwkNetPA> [3] <http://www.insahyu.com/>