

---

## Athlete Programs

The Canadian Baton Twirling Federation (CBTF) offers unique opportunities for growth, skill development, community connection and competition for all ages and ability levels.

To begin, athletes benefit from the CBTF's National Skill Development Program (Badge Program), which provides a structured pathway to learn baton and dance fundamentals while progressing from recreational to advanced levels. The SDP is a developmental journey that nurtures athletes from their first twirl of the baton to the competition floor. This program not only builds technical ability but also instills discipline, creativity, and confidence.

Participation in CBTF also connects athletes to a supportive community, where they can engage in competitions, workshops, and events that foster teamwork and sportsmanship. Additionally, athletes gain access to certified coaches that ensure proper training and safe progression, and certified adjudicators and judges to evaluate their progress. Competitive athletes have opportunities to showcase their talents on provincial, national and international stages. Beyond physical skills, baton twirling creates well-rounded individuals with athleticism, perseverance, discipline, and artistry. The CBTF creates an environment where athletes thrive, celebrate milestones, and carry the values of dedication and excellence into all areas of life.

By Admin at Tue, 12/09/2025 - 22:42

---

**Source URL:** <https://www.cbtf.ca/article/athlete-programs?mini=2025-08>