

Graded Program

The CBTF Graded Program is designed for entry-level competitive athletes ages 6–11 who have progressed beyond the pre-competitive stage. At this point in their twirling journey, athletes begin working on personalized routines that showcase their individual skills and creativity, rather than following set routines. They perform in front of judges at competitions, but instead of receiving scores or rankings, athletes are awarded a Gold, Silver, or Bronze grading within their category. This unique format provides clear benchmarks for progress while removing the pressure of placement, allowing athletes to focus on technique, growth and artistry. By introducing judged performances in a supportive environment, the program builds confidence, stage presence, and technical precision, while serving as a vital stepping stone toward higher levels of competition. Ultimately, the CBTF Graded Program equips young athletes with the structure, feedback, and recognition they need to flourish as performers and prepare for future success on the provincial, national and international stage.

By Admin at Tue, 12/09/2025 - 22:51

Source URL:<https://www.cbtf.ca/article/graded-program>