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## Competition & Clinic Opportunities

Competitive athletes begin their journey at the local level, gaining valuable experience and building confidence in front of judges. These events prepare them for the Provincial Championships, where they compete against peers from across the province. Provincial competitions also act as qualifying events for the National Championships, giving athletes the chance to advance to Canada's highest stage. For those who achieve elite standards, the next step is the Nations Cup, the World Technical Baton Twirling Championships, and the World Freestyle Championships, where athletes proudly represent Canada on the international stage. This progression ensures athletes develop steadily, with each level offering new challenges, recognition, and the stage to showcase their full potential.

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