



Secret Pal Information Sheet

2025 Nations Cup and World Technical Championship – Torino Italy

Canadian Baton Twirling Federation

La Fédération Canadienne de Baton Sportif

Canadian Nations Cup and World Technical Baton Twirling Championship Athletes will participate in the Team Canada Secret Pal Exchange! It will be your job to make sure that your Secret Pal receives little gifts, notes, cards, positive phrases, pictures etc. that will make them feel happy, motivated and part of the team.

DO NOT SPEND A LOT OF MONEY. Be creative and make your own gifts and cards but make sure your secret pal can't figure out who you are!

- ❖ Have someone else deliver your Secret Pal gifts.
- ❖ Be secretive, mysterious, sly and creative!
- ❖ Have fun, help support and motivate your teammates.

You will give your Secret Pal something on the following days that we are in Italy for the Nations Cup and World Technical Baton Twirling Championship (August 2 through August 7). You need 6 gifts in total.

You may spend \$2 - \$5 on the daily gifts (**August 2 – August 6**). On the final day – **Thursday, August 7** you will exchange your final gift (\$15 - \$20) and find out who your secret pal is.

More information will follow, along with the location of the final exchange.

DO NOT TELL ANYONE WHO YOUR SECRET PAL IS!

HAVE FUN!

Secret Pal Information Sheet

2025 Nations Cup and World Technical Championship – Torino Italy

Name _____

Age _____ Birthdate _____ Zodiac Sign _____

What are your FAVOURITES...

Color
Flavoured Water
Hard Candy
Fruit or Vegetable
Jewelry
Animal
Hair Product
Game
Author
Food Gift Card
Sports Team
Chocolate Bar
Gum or Mints
Holiday
Bath and Body Works Scents
Starbucks or Tim Horton's or Both?
What are your SIZES? T-Shirt Shoes
I like to collect
One thing I would like from Italy is
I do not need any more of these things, thanks:

*****Did you know** Pastiglie Leone is the most famous original candies of Torino. Tiny pastel colored drops of sugar available in over 40 different flavors. The tin boxes with art nouveau and liberty designs are collectors' items and are perfect for personalized souvenirs or gifts.



Do you think you might like your Secret Pal to find you your very own Pastiglie Leone from Italy?