



ABTA 2022-2023 Report

September 2022

- 10 active clubs registered with ABTA (and 1 inactive club)
- 3 regions registered with ABTA

October 2022

- ABTA Annual General Meeting was held online
- ABTA Fall Training Workshop was held in Calgary
- Girls in Motion grant received – programs ran between October 2022-March 2023
- Women in Motion grant received - programs ran between October 2022-February 2023
- ABTA received a grant to be used for our Train Your Brain Mental Health Project
 - ABTA coaches used a mental health app to review the mental state of their athletes each week
 - ABTA offered clubs throughout Canada to participate using the app (4 other clubs utilized it)
 - Mental Health sessions were given throughout the year
 - Sport Psychology sessions and other mental health sessions will be given at the 2023 Fall Camp

December 2022

- Girls in Sport camp – ABTA was asked to teach girls baton for a half day
- New Heights Baton Club held a Pre Competitive Christmas competition in Airdrie

January 2023

- ABTA received a Canadian Tire Jumpstart grant to hold 8 week beginner programs (All Kids Can Twirl Baton Program) for underrepresented youth – programs run between January 2023-September 2023
 - Participants receive 8 weeks of free baton classes
 - a free baton and an ABTA membership
 - Over 200 kids have participated
- Remix Baton Club hosted the Glitter & Gold Competition in-person in Calgary
- ABTA ran programs with a partnership with a school in Stony Plain (My Path Program) where students learn different local activities in the afternoons (Jan -Feb)

February 2023

- Northern Region held the Valentine Competition in Stony Plain, AB

March 2023

- Central Region held the Wild West Competition in Calgary
- ABTA held a Nations Cup Critique event where athletes could submit their NC routines online and receive 2 critiques from NC judges.

April 2023

- Parkland Region held the Sweet Pea Competition in Olds
- ABTA received a grant from Alberta Sport to use for teaching baton in school programs
- ABTA hosted the practical portion of the Baton Twirling Foundations Coaching Course (8 participants)

May 2023

- Provincial Championships were held in Olds

June 2023

- ABTA hosted the practical portion of the Baton Twirling Foundations Coaching Course (5 participants)
- New Heights Baton Club hosted the Movin' On Up Competition in-person in Airdrie

July 2023

- ABTA held the 2023 Canadian Championships in Edmonton at MacEwan University

August 2023

- Continue to offer All Kids Can Twirl Programs

Upcoming in 2023-2024:

- 2023 Fall Training Workshop – Calgary – October 13-15, 2023
 - Confirmed instructors: Chelsea Henning, Yonaton Orlov, Ziva Kovac, Emily Lewall, Julee Stewart
 - Free ½ day workshops will be offered for new twirlers
- 2024 Provincial Championships – May 3-5, 2024 – Olds, AB – CONFIRMED
- 2024 Pan Pacific Cup – January 18-21, 2024 – Calgary, AB - CONFIRMED