



CBTF ROLE MODEL – DANCE TWIRL TEAM

<https://youtu.be/juJqeQ9xp0Y>

Effective 01 January 2021

CAPTION	30	40	50	60	75	90
	Red/Black - Fresh Prince	Purple - Mama Mia	Blue/Red - London	Pink/Black - All About Me	Purple - What About Us	Red - Fireball
RANGES C-0-40 B-40-60 A-60+						
30 DANCE 0-8.9 Fair 9.0-14.9 Average 15.0-20.9 Good 21.0-26.9 Excellent 27.0-30.0 Superior Caption Score	<ul style="list-style-type: none"> -Good variety for level -Creative movements and interpretation to support theme -Lower body technique needs attention <p style="text-align: center;">10</p>	<ul style="list-style-type: none"> -Dance moves built on pre-events and utilized effectively -More detail added using arms -Effective partner work -Technique and skill levels not consistent among members <p style="text-align: center;">11</p>	<ul style="list-style-type: none"> -High diversity of dance and body movements for level. -Featured bodywork visually appealing. -Unison well trained -Increased upper body extension and turnout required <p style="text-align: center;">15</p>	<ul style="list-style-type: none"> -A variety of footwork displayed and utilized with form changes -More expression with upper body -Body technique is clean when performed in spot but weakens during movement <p style="text-align: center;">17</p>	<ul style="list-style-type: none"> -Higher scope of footwork, leaps etc. -Body movements show greater detail and depict theme -Variety of levels used -Technique proficient for level <p style="text-align: center;">24</p>	<ul style="list-style-type: none"> -All members are consistently trained technically and artistically -Variety of dance brought the music to life <p style="text-align: center;">27</p>
30 TWIRL 0-8.9 Fair 9.0-14.9 Average 15.0-20.9 Good 21.0-26.9 Excellent 27.0-30.0 Superior Caption Score	<ul style="list-style-type: none"> -Variation of basic twirls displayed limited -RH dominant -Good start at multiple baton and exchanges -Basic twirls executed with proper technique -baton pattern is off <p style="text-align: center;">8</p>	<ul style="list-style-type: none"> -Good variety of basic twirls that utilized both hands and directions -Technique lowered with higher demand body/baton work -Exchange work could be added <p style="text-align: center;">12</p>	<ul style="list-style-type: none"> -Basic twirls & aerials well blended with bodywork -Strong technical baton skills for level -Exchanges variety duo/trio & full group -multiple baton added <p style="text-align: center;">15</p>	<ul style="list-style-type: none"> -Some density of contact material presented -Longer duration of 2B and 3B -Exchanges showed variety but limited to duo/trio content <p style="text-align: center;">19</p>	<ul style="list-style-type: none"> -Travel/stationary complex material incorporated -individual/duet elements featured -Multiple baton showed variety -Suicide exchange memorable <p style="text-align: center;">23</p>	<ul style="list-style-type: none"> -Excellent twirling technique by all members -Difficulty of entrance and exit of H & V 3B performed with ease -Adjustments easily made to cover for placement errors <p style="text-align: center;">27</p>
30 COORDINATION of DANCE and TWIRL 0-8.9 Fair 9.0-14.9 Average 15.0-20.9 Good 21.0-26.9 Excellent 27.0-30.0 Superior Caption Score	<ul style="list-style-type: none"> -Dance moves often done in isolation -Basic twirls blended well with baton -Well designed routine to show strengths <p style="text-align: center;">9</p>	<ul style="list-style-type: none"> -Baton and body work consistently blended -Composition written to level of athletes -unison developing <p style="text-align: center;">13</p>	<ul style="list-style-type: none"> -Athletes often have simultaneous responsibilities of twirl, dance and formation changes. <p style="text-align: center;">15</p>	<ul style="list-style-type: none"> -Baton and body blended throughout -Pacing of dance and twirl follows the musical tempo -Well rehearsed <p style="text-align: center;">18</p>	<ul style="list-style-type: none"> -Body choreography is blended with baton most of the time -Both precision and unison displayed <p style="text-align: center;">23</p>	<ul style="list-style-type: none"> -Dance and baton interwoven seamlessly throughout routine -Superior precision and unison displayed <p style="text-align: center;">27</p>
10 GENERAL EFFECT 0-1.9 Fair 2.0-3.9 Average 4.0-5.9 Good 6.0-7.9 Excellent 8.0-10.0 Superior Caption Score	<ul style="list-style-type: none"> -Staging is logical and portrays theme -spacing and clarity of forms could use work -Athletes attentive to timing -Spirited performance <p style="text-align: center;">3</p>	<ul style="list-style-type: none"> -Staging is logical and has good floor coverage -Well developed transitions using body and baton -Athletes are focused on content and have limited expression <p style="text-align: center;">4</p>	<ul style="list-style-type: none"> -Form variety and number of changes visually appealing -Athletes attentive to maintaining energy and musicality -Expression on and off <p style="text-align: center;">5</p>	<ul style="list-style-type: none"> -Composition at skill level of the athletes -Recovery time built in for success -Higher level of expression displayed <p style="text-align: center;">6</p>	<ul style="list-style-type: none"> -Pleasing routine design -Forms transitions beginning to show seamlessness -Athletes moved with maturity <p style="text-align: center;">7</p>	<ul style="list-style-type: none"> -Captivating performance -Full commitment to style by all performers -Staging allowed for excellent visual and aural agreement <p style="text-align: center;">9</p>
TOTAL 0-24 Fair 25-44 Average 45-64 Good 65-84 Excellent 85-100 Superior	30	40	50	60	75	90