



LEVEL C ROLE MODEL SCRIPT

<https://youtu.be/5Czhf6nCW9M>

	Mid Fair 0.7 - 1.3	High Fair 1.4 - 2.0	Low Average 2.1 - 2.8	Mid Average 2.9 - 3.7	High Average 3.8 - 4.5	Low Good 4.6 - 5.2	Mid Good 5.3 - 6.0	High Good 6.1 - 7.0
Compulsory 1				Good baton technique Not fluid body movements Add turnout to lunge 8 finger pattern off	Good baton technique Posture good Overrotation of R shoulder Should step into the exit	Good body work Not consistent speed Slight off pattern on 8 fingers	Good baton technique Overrotation of R shoulder Body not solid throughout Add turnout to lunge Pushing speed caused break	Good baton technique and control L shoulder up on whip Leaning on 8 fingers
Compulsory 2		Whip too high Jerky on turn Pattern off in finger Incomplete 8 finger	Pattern off Not fluid Spin (foot should be at ankle) Alignment off during lunge Consistency off	Break at beginning Inconsistent and off pattern Closed wrong foot	Good baton technique Balance on turn Turn out and alignment in 2nd off	Good turn out and control Free hand not precise 8 finger not at 11 o'clock		
Compulsory 3	Began TTT Extra loops on entrance Pattern off Free hand not spread Incomplete 8 finger	Entrance off pattern Tracking fingers 1-2 2-1 Incomplete 8 finger	Free fingers separated Lacked continuity Off pattern on 8 finger	Body technique good Speed inconsistent on 8 finger Leaned forward on 8 finger	Rushed through entrance Tracking fingers 1-2 2-1 Slight off pattern Speed inconsistency	Good body positioning Nice stretch in L hand Slight off pattern	Good pattern Watch vertical tracking of 1-2 2-1 Hesitation into exit	
Compulsory 4	Body positions not strong Fingers off pattern Path of fingers not tracked She did finish 8 finger, but very poor pattern and stepped early	Good crisp MHP Struggled with consistency Stepped out early for 8 finger Incomplete on 8 finger did 4	Inconsistent speed Jerky body movement Missing loops between fingers Stepped out early for 8 finger	Good baton technique Inconsistent speed Pattern off	Good tracking of 1-2 2-1 fingers R shoulder out of alignment Speed variation on 8 fingers Footwork not precise	Good baton pattern Entrance could be crisper L shoulder moves up Slowed down on 8 finger twirl	Smooth flow Good posture Slight off pattern on 8 finger	
Compulsory 5	Good posture Full stop before fishtails 3rd position not precise Incomplete fishtail	Overextend flourish Not square to R side Incomplete fishtail	Extend flourish Shoulder mvmt on whip Weak L wrist Not square to R side	Hesitation before fishtail Not square to R side 3rd position not precise	Well tracked roll Shoulder mvmt on whip Not square to R side	Good roll Over rotated to side Leaned forward during roll	Good posture but waves body during fishtails Smooth flow Well tracked roll	
Compulsory 6	Whip technique Footwork not precise Not square to R side Incorrect exit Incomplete fishtail	Whip technique Square to side during fishtails Poor posture Incomplete - grabbed roll	Began TTT Inconsistent speed on whip Break before roll Exit not smooth	Good tracking of rolls Whip technique Feet not precise Exit not clean	Good extension of upper body Whip not precise Over rotation caused off pattern			
Compulsory 7		Roll not properly tracked Hands not precise Missing loop on exit Incomplete roll	Began TTT Break on roll Elbow high, fingers separated Inconsistent speed	Good tracking on roll Whip added Left elbow high Shoulders not strong	Well tracked roll Began TTT Shoulders forward Footwork not precise	Good roll technique Smooth execution Watch pattern on entrance	Good baton technique Elbows high on roll Speed inconsistent during exit	
Compulsory 9		Not full flourish No turn out in 4th Not full spin Poor posture Free hand not precise	Not a full flourish Coordination off Alignment in 4th off Add extension to lower body	R wrist bent on reception Lack of turnout on reception Movements lack precision	Snap release more Alignment in 4th off Exit off pattern	Good posture and timing Could add plie to lunge Head down on exit		
Compulsory 10	Free hand not precise Timing off Improper lunge leg Posture (leaning forward) Cautious LH placement not according to new written description	Release centre body, add snap Square more to side on catch Turn out and alignment in 4th LH placement not according to new written description	Missing whip Free hand not precise Toss higher and centered Turn out and alignment in 4th LH placement not according to new written description	Free hand not precise Break on whip Align body on reception Could use more plie LH placement not according to new written description	Good revolution Whip not precise Add turn out in 4th and plie deeper LH placement not according to new written description			
Compulsory 13			Arms not precise Placement off causing break No flow on catch Posture needs attention	Consistent speed throughout Pull up in core during reception Reception should be centered	Arms not precise Fingertips should be to elbows Arm position off pattern Speed variation	Good baton pattern Arms not precise Fingertips should be to elbows Head down on exit		