CBTF BA Short Program Start and End Position Quick Guide

## \# Element

1 Grand Jete (Right Leap)

$\AA \quad$ Start | Facing: Corner 2 |
| :--- | :--- |
| Baton/Arms: RH TTB, Low V |
| Legs/Feet: RF Tendu Devant |

End Facing: Corner 2
Baton/Arms: $2^{\text {nd }}$ Arabesque (LA forward)
Legs/Feet: $4^{\text {th }}$ Position Demi-Pointe (RF Forward)

## Grande Jete (Left Leap)

i Start Facing: Corner 1
Baton/Arms: RH TTB, Low V
Legs/Feet: LF Tendu Devant

| Elind Catch | Facing: Corner 1 <br> Baton/Arms: 2 <br> Legs/Feet: 4rabesque (LA forward) Position Demi-Pointe (RF Forward) |
| :--- | :--- |
| $\mathbf{2}$ Btart | Facing: Wall 5 (Front) <br> Baton/Arms: RH TTB, Low V <br> Legs/Feet: RF Tendu Devant |

3 Double Elbow Roll Layout

| $\AA \quad$ Start | Facing: Wall 5 (Front) <br> Baton/Arms: RH TTB, Low V <br> Legs/Feet: RF Tendu Devant |
| :--- | :--- |

End Facing: Wall 5 (Front)
Baton/Arms: RH TTT, Ballet Second Position, Palms Up Legs/Feet: LF Tendu to Second
4 Back Neck Rolls

$\therefore$ Start | Facing: Corner 2 |  |
| :--- | :--- |
|  | Baton/Arms: RH TTB, Low V |
| Legs/Feet: LF Tendu Devant |  |

End Facing: Corner 4
Baton/Arms: LH TTB, Reception on R Side of Neck, RA extended to Second Legs/Feet: Second on Demi-Pointe (Natural Turnout)

## 5 Horizontal Back Catch

| Start | Facing: Wall 5 <br> Baton/Arms: LH TTB, RA extended to Second <br> Legs/Feet: LF Tendu Devant |
| :--- | :--- |
| End | Facing: Wall 5 (Front) <br> Baton/Arms: RH TTB or TTT, High V, Palms Out <br> Legs/Feet: LF Tendu to Second |



