

CBTF BA Short Program Start and End Position Quick Guide

Element

Grand Jete (Right Leap)

Start Facing: Corner 2

Baton/Arms: RH TTB, Low V Legs/Feet: RF Tendu Devant

End Facing: Corner 2

Baton/Arms: 2nd Arabesque (LA forward)

Legs/Feet: 4th Position Demi-Pointe (RF Forward)

Grande Jete (Left Leap)

Start Facing: Corner 1

Baton/Arms: RH TTB, Low V Legs/Feet: LF Tendu Devant



End Facing: Corner 1

Baton/Arms: 2nd Arabesque (LA forward)

Legs/Feet: 4th Position Demi-Pointe (RF Forward)

2 Blind Catch



Start Facing: Wall 5 (Front)

Baton/Arms: RH TTB, Low V Legs/Feet: RF Tendu Devant



End Facing: Wall 5 (Front)

Baton/Arms: RH TTB or TTT, High V, Palms Out

Legs/Feet: LF Tendu to Second

3 Double Elbow Roll Layout



Start Facing: Wall 5 (Front)

Baton/Arms: RH TTB, Low V Legs/Feet: RF Tendu Devant



End Facing: Wall 5 (Front)

Baton/Arms: RH TTT, Ballet Second Position, Palms Up

Legs/Feet: LF Tendu to Second

4 Back Neck Rolls



Start Facing: Corner 2

Baton/Arms: RH TTB, Low V Legs/Feet: LF Tendu Devant



End Facing: Corner 4

Baton/Arms: LH TTB, Reception on R Side of Neck, RA

extended to Second

Legs/Feet: Second on Demi-Pointe (Natural Turnout)

5 Horizontal Back Catch



Start Facing: Wall 5

Baton/Arms: LH TTB, RA extended to Second

Legs/Feet: LF Tendu Devant



End Facing: Wall 5 (Front)

Baton/Arms: RH TTB or TTT, High V, Palms Out

Legs/Feet: LF Tendu to Second

6a Vertical Contact



Start Facing: Wall 6 (L Side)

Baton/Arms: RH TTB, Low V Legs/Feet: LF Tendu Devant



End Facing: Wall 5 (Front)

Baton/Arms: RH TTB, Extended to 10 o'clock, LA

extended to Second

Legs/Feet: RL 2nd Position Lunge

6b Horizontal Contact



Start Facing: Wall 5

Baton/Arms: RH TTT, Matched Hand Pass behind back

Legs/Feet: Jazz 1st



End Facing: Wall 5

Baton/Arms: LH TTB, LA bent, B above head, RA

extended to Second

Legs/Feet: RF stretched at arch of LF

7 Illusion (Right Reverse)



Start Facing: Wall 5 (Front)

Baton/Arms: RH TTB, Low V Legs/Feet: RF Tendu Devant



End Facing: Wall 5 (Front)

Baton/Arms: RH TTB, Low V

Legs/Feet: 5th Demi-Pointe, RF in front

Illusion (Left Reverse)



Start Facing: Wall 5 (Front)

Baton/Arms: RH TTB, Low V Legs/Feet: LF Tendu Devant



End Facing: Wall 5 (Front)

Baton/Arms: RH TTB, Low V

Legs/Feet: 5th Demi-Pointe, LF in front

8 One Spin, Left Hand Catch



Start Facing: Wall 5 (Front)

Baton/Arms: RH TTB, Low V Legs/Feet: RF Tendu Devant



End Facing: Wall 5 (Front)

Baton/Arms: LH TTB or TTT, Low V Legs/Feet: LF Tendu to Second